Prediction of Infarct Growth Based on Apparent Diffusion Coefficients: Penumbral Assessment without Intravenous Contrast Material

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Purpose:
To compare predicted and final infarct lesion volumes determined by processing apparent diffusion coefficient (ADC) maps derived at admission diffusion-weighted (DW) magnetic resonance (MR) imaging in patients with acute stroke and to verify that predicted areas of infarct growth reflect at-risk penumbral regions based on recanalization status.

Materials and Methods:
The French legislation waived the requirement for informed patient consent for the described research, which was based on patient medical files. However, patients and/or their relatives were informed that they could decline to participate in the research. Authors tested a semi-automated proprietary image analysis procedure in 98 patients with middle cerebral artery (MCA) stroke by modeling infarct growth on DW imaging–derived ADC maps. Predicted infarct growth (PIG) areas and predicted infarct volumes were correlated with final observed data. In addition, the effect of MCA recanalization on the correlation between predicted and observed infarct growth volumes was qualitatively assessed.

Results:
Predicted and final infarct volumes ($r = 0.828$; 95% confidence interval [CI]: $0.753, 0.882$; $P < .0001$) and infarct growth volumes ($r = 0.506$; 95% CI: $0.342, 0.640$; $P < .0001$) were significantly correlated. Visual comparative examination revealed satisfactory qualitative consistency between predicted and follow-up lesion masks. In patients without MCA recanalization, PIG did not differ significantly from final observed infarct growth (median PIG obtained with 0.93 ADC ratio cutoff [PIG$_{ratio}$] of 27.1 cm$^3$ vs median infarct growth of 19.8 cm$^3$, $P = .17$). MCA recanalization revealed an overestimation of PIG (median PIG$_{ratio}$ of 24.8 cm$^3$ vs median infarct growth of 12 cm$^3$, $P = .005$), suggesting that the PIG area was part of ischemic penumbra.

Conclusion:
Data show the feasibility of identifying at-risk ischemic tissue in patients with acute MCA stroke by using semi-automated analysis of ADC maps derived at DW imaging, without intravenous contrast material–enhanced perfusion-weighted imaging.

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Although predicting the risk of further infarct growth (IG) is critical to therapeutic decision making, it remains a challenging task in patients who have had an acute stroke (1). Thus, a fast, standardized, and accurate tool dedicated to image analysis could prove useful and eventually might contribute to the redefining of essential therapeutic windows (2) or the designing of proof-of-concept therapeutic trials (3–5). The mismatch of perfusion imaging and diffusion imaging findings has been considered an imaging surrogate for ischemic penumbra and has been proposed as an indicator of the area of IG (6,7). Hence, investigators in a recent multicenter study (2,8) found that perfusion imaging–diffusion imaging mismatch predicts favorable responses to thrombolysis when early reperfusion occurs, although the theoretic and practical values of this mismatch have been challenged in several studies (9–13) and more recently by the negative outcomes of the Desmoteplase in Acute Ischemic Stroke Trial (14) and the limited conclusions drawn from the Echoplanar Imaging Thrombolytic Evaluation Trial (15).

These considerations led us to investigate whether the risk of IG could be predicted from diffusion-weighted (DW) magnetic resonance (MR) imaging data only. The concept is based on the mild decrease in the apparent diffusion coefficient (ADC), which has been demonstrated in the ischemic penumbra and in tissues at risk of infarction in experimental (16,17) and human (9,18,19) studies. It was shown, however, that local voxel-based ADCs overlap in penumbral and normal tissues (18,19). To overcome this, we developed an image-processing model that mimics the process of IG with use of ADC data. This technique works by means of the integration of voxels around the ischemic core according to local and regional ADC measures and additional shape regularity constraints. A brief technical description of this technique is described in Appendix E1 (http://radiology.rsna.org/cgi/content/full/249/3/801/DC1).

Preliminary results (20) have demonstrated the feasibility of the voxel integration method. In the present study, we validated the technique in 98 patients with acute middle cerebral artery (MCA) stroke by using DW images acquired within 6 hours after stroke onset. Therefore, the purpose of our study was to compare the predicted and final infarct lesion volumes determined by processing ADC maps derived at admission DW MR imaging and to verify that predicted areas of IG reflect at-risk penumbral regions based on recanalization status.

**Materials and Methods**

**Patients**

A patent (No. PCT/FR2007/001111) is pending for the feasibility of the voxel integration approach described herein. All authors except one (S.C.) are equally represented in this patent, which is chaired by Centre National de la Recherche Scientifique as the academic institution. All imaging and clinical data were generated during routine clinical work-up of the patients in the Salpêtrière Cerebrovascular Emergency Department and were retrospectively extracted for the purposes of this study. Therefore, and according to French legislation, the requirement for explicit informed patient consent was waived. However, the regulation concerning electronic filing was respected, and both the patients and their relatives were informed that the patient’s data might be used in retrospective clinical research studies. None of them declined such use of the data.

The data of consecutive patients with acute lacunar MCA stroke were selected by three authors (C.R., S.D., S.C., 4–15 years experience in cerebrovascular medicine). Patient data were included on the basis of the following criteria: The patient had undergone admission MR imaging within the first 6 hours after stroke onset and follow-up MR imaging within at least the first following week without symptomatic hemorrhagic transformation. According to

**Abbreviations:**

- ADC = apparent diffusion coefficient
- DW = diffusion weighted
- IG = infarct growth
- IQR = interquartile range
- MCA = middle cerebral artery
- PIG = predicted IG
- $P_{\text{IG}}^\text{abs}$ = PIG determined by using $740 \times 10^{-6}$ mm²/sec absolute ADC cutoff
- $P_{\text{IG}}^\text{rel}$ = PIG determined by using 0.93 ADC ratio cutoff
- $V_1$ = infarct volume at admission
- $V_2$ = final infarct volume

**Author contributions:** Guarantor of integrity of entire study, Y.S.; study concepts/design or data acquisition or data analysis/interpretation, all authors; manuscript drafting or manuscript revision for important intellectual content, all authors; manuscript final version approval, all authors; literature research, C.R., N.H., Y.S.; clinical studies, C.R., S.D., S.C., Y.S.; statistical analysis, C.R., Y.S.; and manuscript editing, C.R., S.B., Y.S.

See Materials and Methods for pertinent disclosures.
the routine clinical protocol at our institution, the patients may have received tissue plasminogen activator intravenously within an expanded 5-hour time window. Expanding the time window for intravenous lytic agent administration is a common practice at many centers where MR imaging is a first-line imaging procedure; however, the prediction technique introduced herein was not considered in the clinical decision of whether to perform thrombolysis.

Three authors (S.D., S.C., 8 and 15 years experience in cerebrovascular medicine, respectively; D.D., neuroradiologist with 25 years experience) in consensus classified the intracranial artery occlusions into four categories on the basis of the admission MR angiography data: (a) internal carotid artery territory occlusions, (b) simultaneous intracranial carotid artery and MCA trunk occlusions, (c) MCA trunk occlusions, and (d) MCA trifurcation branch occlusions. The MCA recanalization status was assessed independently on the follow-up MR angiograms by at least two observers (S.D. and D.D. for all patients, S.C. when needed to reach a consensus in cases of disagreement).

MR Imaging Methods

MR imaging was performed by using a 1.5-T whole-body MR unit (Signa Horizon EchoSpeed; GE Healthcare, Buc, France) with enhanced gradient hardware for echo-planar imaging. DW, fluid-attenuated inversion-recovery, and intracranial time-of-flight MR angiography examinations were performed. Axial fast fluid-attenuated inversion-recovery imaging was performed with 8800/140/2200 (repetition time msec/echo time msec/inversion time msec), 5-mm-thick sections with a 1.5-mm intersection gap, a 256 × 256 matrix, and a 240 × 240-mm field of view. Axial isotropic spin-echo echoplanar DW imaging entailed the acquisition of 24 5-mm-thick sections with an intersection gap of 0.5 mm, 2825/98.9 (repetition time msec/echo time msec), a 280 × 210-mm field of view, and a 96 × 64 matrix. Baseline T2-weighted and DW MR images were acquired in 40 seconds by using a diffusion gradient of 1000 sec/mm². Time-of-flight MR angiography was performed by using a vascular time-of-flight by spoiled gradient-recalled acquisition, 2825/92.6 (repetition time msec/echo time msec), an axial section thickness of 1.4 mm, a 256 × 192 matrix, a 240 × 180-mm field of view, a 20° flip angle, 36 locations per slab, and an acquisition time of 2 minutes 39 seconds.

Quantitative ADC maps were generated by using dedicated commercially available software (FuncTool 2; GE Healthcare). ADC map thresholds of (130 to 1200) × 10⁻⁶ mm²/sec were set to remove voxels contaminated by partial volume effects from cerebrospinal fluid.

Region Volumes Defined by Using MR Imaging

The infarct volume at admission (V1) was defined as the abnormal hyperintense area seen on the initially obtained DW images (b = 1000 sec/mm²) and was measured by means of interactive manual outlining at an Advantage Windows workstation (GE Healthcare). The final infarct volume (V2), the abnormal hyperintense area seen on the follow-up DW images, was also measured. IG was defined as the difference between V2 and V1. These operations were performed by one author (C.R.), who was blinded to the clinical data.

Prediction of IG

General principles.—The image-processing algorithm was developed by three authors (N.H., E.B., S.B., 4–10 years experience in image-processing techniques); a technical description of this algorithm is detailed in Appendix E1 (http://radiology.rsna.org/cgi/content/full/2493080107/DC1) (20). Briefly, the prediction of IG (Fig 1) based on the admission ADC map is ruled by an image model that mimics the natural history of IG by iteratively accumulating voxels around the admission core of the infarct. The growth model is controlled by the minimization of a global energy index, which is predominant based on the evaluation of regional ADCs complemented by local ADC indexes and controls the regularity of the surface envelope of the lesion to avoid erratic growth patterns. The average ADC of the growing infarct model tends to increase as the volume increases radically away from the core of the ischemic focus toward more peripheral regions. The growth process is automatically terminated when the global energy of the lesion model is minimized, and this occurs essentially when the regional ADC within the final infarct model reaches a prespecified cutoff value.

To determine the optimal ADC cutoff values, a preliminary study was performed by one author (C.R.) (21) by screening a series of ADCs close to 748 × 10⁻⁶ mm²/sec and ADC ratios close to 0.91, which were reported in the retrospective study of Oppenheim et al (9) as the best thresholds for predicting tissue viability in the setting of hyperacute MCA stroke. The best performances in predicting tissue viability were rendered with an ADC of 740 × 10⁻⁶ mm²/sec and an ADC ratio of 0.93. The normalized ADC cutoff value was defined as 0.93 times the average contralateral normal ADC determined in a spherical volume of interest of 0.73 cm³ placed manually in the deep white matter of the noninfarcted hemisphere. In this study, both the optimal absolute ADC cutoff value and the normalized ADC cutoff value were similar to those reported by Oppenheim et al (9).

Practical implementation.—One author (C.R.) processed and analyzed the admission DW images and ADC maps by using dedicated in-house software at a Linux workstation (Dell Precision 670; Dell France, Montpellier, France). In each patient, the growth model was initialized by using an estimation of the infarct core, depicted as the abnormal bright area on the admission DW images, which was segmented by using an interactive thresholding approach. These seed volumes and V1 were found to be highly correlated (r = 0.987, P < .0001), indicating the reproducibility of admission lesion measurements obtained by using two software solutions and distinct image-processing environments. The DW imaging infarct core was automatically transferred onto the ADC map, and the growth model was run automatically to yield a predicted infarct volume. Two predicted
infarct volumes were determined: one by using the $740 \times 10^{-6}$ mm$^2$/sec ADC cutoff and one by using the 0.93 ADC ratio cutoff. Similarly, two volumes of predicted IG (PIG)—defined as the difference between the predicted infarct volume and $V_1$—were derived: the PIG determined by using the $740 \times 10^{-6}$ mm$^2$/sec ADC cutoff (PIG$_{ADC}$) and the PIG determined by using the 0.93 ADC ratio cutoff (PIG$_{ratio}$). Image analysis took approximately 10 minutes per case at a standard personal computer workstation, and the only operator-dependent step was the segmentation of the infarct core volume on the admission DW image.

**Data and Statistical Analyses**

The descriptive statistics used were means ± standard deviations, or medians and interquartile ranges (IQRs). Group comparisons were performed by using Mann-Whitney $U$ nonparametric tests because the empirical probability distributions of the measures were not normal. The predicted and observed infarct sizes and growth volumes in the entire group of patients were compared by using Spearman nonparametric correlation rank tests (MedCalc for Windows, version 9.3.2.0; MedCalc Software, Mariakerke, Belgium). Regression lines were computed. PIG volumes were compared with observed IG volumes by using the Bonferroni multiple-comparison test.

Qualitative indications of the spatial correspondence between the predicted and final infarct regions were assessed by visually comparing the predicted infarct masks estimated from the admission and follow-up DW images. The follow-up DW images were screened for supplementary lesions in and outside the involved MCA territory distant from the predicted infarct lesion.

Patients were subsequently assigned to one of two groups: patients with complete or partial MCA recanalization ($n = 70$) and patients without MCA recanalization ($n = 27$), as identified at follow-up MR angiography. For one patient, follow-up MR angiography data were not interpretable because of poor quality. Group comparisons were performed by using Mann-Whitney $U$ nonparametric tests because the empirical probability distributions of the measures were not normal. Regression lines of IG versus PIG were computed, and the slopes and intercepts of these lines were compared between the recanalization and no recanalization patient groups. IG versus PIG measures were also compared within the recanalization and no recanalization groups, with distinctions between complete recanalization ($n = 50$) and partial recanalization ($n = 20$) subgroups made by using Wilcoxon signed rank tests.

Finally, we studied the effect of the timing of the admission and follow-up MR examinations on the accuracy of the predictions. First, $V_1$ and $V_2$ were correlated with the timing of the admission and follow-up MR examinations, respectively, by using Spearman nonparametric correlation rank tests. The patients were additionally separated into two groups according to the median time of their admission MR examination: early or late—that is, before or after the median time of admission. The Spearman rank coefficients for correlations between PIG and observed IG were compared between the “early” and “late” groups. The same analysis was applied for follow-up MR imaging, with the early group imaged before the sample median delay after stroke onset and the late group imaged afterward.

**Results**

**Descriptive Analysis**

Ninety-eight consecutive patients (median age, 60 years; age range, 26–84 years) were analyzed. The infarct core volume on admission (median $V_1$) was 16.3 cm$^3$ (IQR, 9.4–23.7 cm$^3$), and the observed infarct volume (median $V_2$) was 126.9 cm$^3$ (IQR, 65.1–245.3 cm$^3$). The PIG (median PIG$_{ADC}$) was 84.1 cm$^3$ (IQR, 43.4–201.0 cm$^3$), and the PIG (median PIG$_{ratio}$) was 105.5 cm$^3$ (IQR, 52.4–219.8 cm$^3$).

**Prediction**

The predicted infarct volume for the admission MR image was 76.1 cm$^3$ (IQR, 45.7–136.8 cm$^3$), and the predicted infarct volume for the follow-up MR image was 138.7 cm$^3$ (IQR, 75.9–241.8 cm$^3$). The Spearman rank coefficient for the correlation between the predicted and observed infarct volumes was $r = 0.848$ ($p < 0.001$).

**Recanalization**

Patients were subsequently assigned to one of two groups: patients with complete or partial MCA recanalization ($n = 70$) and patients without MCA recanalization ($n = 27$), as identified at follow-up MR angiography. For one patient, follow-up MR angiography data were not interpretable because of poor quality. Group comparisons were performed by using Mann-Whitney $U$ nonparametric tests because the empirical probability distributions of the measures were not normal. Regression lines of IG versus PIG were computed, and the slopes and intercepts of these lines were compared between the recanalization and no recanalization patient groups. IG versus PIG measures were also compared within the recanalization and no recanalization groups, with distinctions between complete recanalization ($n = 50$) and partial recanalization ($n = 20$) subgroups made by using Wilcoxon signed rank tests.
fields) were selected for the study. The median baseline National Institutes of Health Stroke Scale (NIHSS) score was 15 (IQR, 10–19) at admission and 10 (IQR, 5–17) 24 hours later. Sixty-four (65%) patients received tissue plasminogen activator intravenously.

Admission MR imaging was performed a median of 2.3 hours (IQR, 1.8–3.0 hours) after stroke onset. Fifty-nine (60%) of the 98 lesions were lateralized to the left, and 39 (40%) were lateralized to the right; these data were consistent with the statistics in the clinical database of patients who underwent thrombolysis in our department. Intracranial artery occlusion was detected at admission MR angiography in 86 (88%) patients. Sixteen (19%) occlusions were classified as internal carotid artery terminus occlusions; 11 (13%), as simultaneous intracavernous carotid artery and MCA trunk occlusions; 35 (41%), as MCA trunk occlusions; and 21 (24%), as MCA trifurcation branch occlusions. For three patients, the type of intracranial artery occlusion could not be assessed because of movement artifacts.

Follow-up MR imaging was performed a median of 1.2 days (IQR, 1.0–1.8 days) after the admission examination. Follow-up MR imaging revealed complete MCA recanalization in 50 (51%) of the 98 patients and partial recanalization in 20 (20%). Time of admission MR imaging (median, 2.3 vs 2.2 hours; P = .35), baseline NIHSS score (median, 15 vs 16; P = .56), and baseline serum glucose level (median, 6.2 vs 6.8 mmol/L; P = .18) were similar between the recanalization and no recanalization patient groups, respectively; however, these groups were significantly different in age (median age, 58.5 vs 61.0 years; P = .04). Nineteen (70%) of 27 patients in the no recanalization group and 45 (64%) of 70 patients in the recanalization group were treated with tissue plasminogen activator. Descriptive volume parameter measurements are detailed in Table 1.

### Correlation Analysis

V2 correlated highly with both volume predicted with the 0.93 ADC ratio cutoff (p = 0.828 |95% confidence interval: 0.753, 0.882| and volume predicted with the 740 × 10⁻⁶ mm²/sec absolute ADC cutoff (p = 0.777 |95% confidence interval: 0.684, 0.845|; P < .0001). IG correlated with both PIGratio (p = 0.506 |95% confidence interval: 0.342, 0.640|; P < .0001) and PIGADC (p = 0.479 |95% confidence interval: 0.310, 0.640|; P < .0001). These results are illustrated in Figure 2.

IG volumes (mean ± standard deviation, 32.6 cm³ ± 47.1) were similar to PIGratio values (33.8 cm³ ± 38.6, P > .05) and smaller than PIGADC values (61.7 cm³ ± 72.3, P < .0001) (repeated-measures analysis of variance and Bonferroni multiple-comparison test), indicating that use of the infarct model parametrized with the absolute ADC cutoff led to strong overestimations of the observed IG. Figure 2 also illustrates these results with comparisons of the slopes between the regression lines (mean slope, 0.80 ± 0.09 for PIGratio vs 0.41 ± 0.05 for PIGADC; P = .0002).

Visual comparative examination revealed satisfactory qualitative consistency between the predicted and follow-up lesion masks. The predicted and final observed infarct regions were overlapping in the entire patient sample (n = 98). At follow-up MR imaging, new supplementary lesions distant from the predicted regions were detected in the MCA territory in nine (9%) cases and outside the involved MCA territory in six (6%) cases (three each in posterior and anterior cerebral artery territories).

### Effects of Recanalization

Consistent with the hypothesis that arterial recanalization contributes to sparing of ADC-defined at-risk tissue, the mean slope of the regression lines for PIGratio in Figure 3 was larger in the no recanalization patient group (n = 27) (1.25 ± 0.23) than in the complete or partial recanalization group (n = 70) (0.59 ± 0.07, P = .0004). Similar results were obtained for PIGADC (mean slope, 0.55 ± 0.10 for no recanalization group vs 0.28 ± 0.04 for complete or partial recanalization group; P < .0001).

Furthermore, in the patients with complete or partial recanalization, the observed IG was smaller than the PIG (median IG of 12 cm³ vs median PIGratio of 24.8 cm³, P = .005). Conversely, the difference was not significant in the patients with no recanalization (median IG of 19.8 cm³ vs median PIGratio of 27.1 cm³, P = .17). More detailed stratification (Fig 4) revealed that the difference was even larger when the analysis was restricted to patients with complete recanalization (n = 50) (median IG of 6.9 cm³ vs median PIGratio of 22.6 cm³, P = .005). The difference was not significant in the patients with partial recanalization (n = 20) (median IG of 29.3 cm³ vs median PIGratio of 26.8 cm³, P = .33).

### Effect of Imaging Time

V1 did not correlate with time of admission MR imaging (p = 0.03, P = .71), and V2 did not correlate with time of follow-up MR imaging (p = 0.05, P = .74). In addition, the predictive value of the method was similar between the patients with early and those with late admission MR imaging times, with similar Spearman rank correlation coefficients (p = 0.455 for early group vs p = 0.573 for late group, P = .44). Similar results were obtained when the patients were grouped according to the median delay to follow-up MR imaging (p = 0.458 for early group vs p = 0.475 for late group, P = .92).

### Discussion

The reported study results demonstrate the feasibility of DW imaging—

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**Table 1: Descriptive Volume Parameter Measurements**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Mean¹</th>
<th>Median¹</th>
</tr>
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<tbody>
<tr>
<td>V1</td>
<td>34.2 ± 34.6</td>
<td>20.5 (8.1–55.8)</td>
</tr>
<tr>
<td>V2</td>
<td>66.8 ± 69.7</td>
<td>48.6 (17.5–98.0)</td>
</tr>
<tr>
<td>PIGratio</td>
<td>65.0 ± 64.8</td>
<td>42.8 (15.9–99.4)</td>
</tr>
<tr>
<td>PIGADC</td>
<td>92.9 ± 99.6</td>
<td>57.5 (28.1–118.5)</td>
</tr>
<tr>
<td>IG</td>
<td>32.6 ± 47.1</td>
<td>13.5 (4.5–44.1)</td>
</tr>
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¹ Mean values ± standard deviations.
² Numbers in parentheses are IQRs.
based prediction of IG in patients with acute (<6 hours) MCA stroke with use of proprietary ADC map analysis that does not require intravenous contrast agent administration. We found the predicted and observed IG volumes to be significantly correlated in a large series of patients with a wide range of infarct and IG volumes. Furthermore, we found that ADC-predicted areas of IG were likely to represent penumbral regions because they were largely spared in the setting of arterial recanalization (11). The described image analysis technique is based on an algorithm in which the IG is simulated and that relies on the mild ADC decrease that occurs in the ischemic penumbra, as established in animal (16,17) and retrospective human (9,18,19) studies. The modeled IG proceeds from the core of the ischemic focus toward more peripheral areas and is guided by using local and regional indexes. This may explain why the method works despite the overlap between penumbral and normal ADCs at the voxel level (18,19). Interestingly, the best predictions were made by using ADC cutoff values that are similar to those reported in human retrospective studies (9,18). Also in accordance with these studies, the growth model parametrized by using a normalized ADC cutoff value performed slightly better than did the model parametrized by using an absolute ADC threshold.

The described IG prediction method has several advantages: First, it requires the use of only DW imaging, the key MR examination for evaluating acute stroke. The method requires neither the use of perfusion-weighted imaging, which is not always feasible during emergency screening of thrombolysis candidates, nor the intravenous administration of contrast agents, which might be contraindicated, especially in cases of severe renal insufficiency. Second, this IG prediction technique is semiautomatic: Operator intervention is restricted to the interactive drawing of the infarct seen at admission. Finally,

Figure 2: Correlation coefficients for absolute and normalized ADC cutoff values. Scatterplots of (a) V2 versus infarct volume predicted with 0.93 ADC ratio cutoff ($p = 0.828$, $P < .0001$, $y = 7 + 0.92x$), (b) IG versus $\text{PIG}_{\text{ratio}}$ ($p = 0.506$, $P < .0001$, $y = 5.2 + 0.80x$), (c) V2 versus infarct volume predicted with $740 \times 10^{-6}$ mm$^2$/sec absolute ADC cutoff ($p = 0.777$, $P < .0001$, $y = 12.5 + 0.58x$), and (d) IG versus $\text{PIG}_{\text{ADC}}$ ($p = 0.479$, $P < .0001$, $y = 7.3 + 0.41x$) are shown.
the technique is standardized in the sense that the same ADC cutoff value was used for all patients.

This study had limitations: First, it involved monocentric evaluation, and it has not yet been proved that the method can work with data from different MR imaging systems at other centers. We are currently developing a user-friendly version of the algorithm to distribute to other centers for evaluation. Note, however, that ADCs are physical measures that are theoretically independent of the MR imaging system with which they are derived. In addition, although this method has been tested with a large series of patients with a wide range of infarct sizes and IG volumes, the ADC cutoff parameters of the image analysis technique were similar to those suggested in retrospective studies (9,18).

Second, our results were not directly compared with outcomes of perfusion imaging–diffusion imaging mismatching because perfusion-weighted imaging is not systematically performed in all patients at our stroke center owing to time constraints and uncertainties concerning the clinical value of the per-
fusion imaging–diffusion imaging mismatch (12,13). Still, a survey of the literature reveals that these two approaches might perform similarly. Results of studies of perfusion-weighted imaging performed within 12 hours after stroke onset (9,22–33) indicate a significant correlation between acute perfusion-weighted imaging volumes and final infarct volumes in the setting of acute hemispheric stroke. Correlation coefficients have ranged from 0.35 to 0.92 (Table 2), which is consistent with the coefficient of 0.828 derived in our study. Nevertheless, direct comparison with perfusion imaging–diffusion imaging mismatch measures should be investigated in larger multicenter data sets.

Third, V1 and V2 are imperfect estimates of admission and final infarct sizes. The V1 may have been overestimated in some cases because partial reversibility of the admission DW imaging hyperintense signal has been reported (34,35), especially in cases of very early reperfusion. Yet we found the predictive value of the method to be similar when early and late V1 measurements were compared. The described method of measuring V1 could also be criticized because it involves some interactive manual outlining, which is an operator-dependent procedure. Finally, the control MR images were acquired early after stroke and not during the chronic stage. It is our clinical practice to obtain control MR images in patients with acute stroke within 24–48 hours to assess arterial recanalization and IG when the patient is still in the critical care unit. This may have contributed to an overestimation of IG due to edema, especially with large infarcts. However, a longer duration to follow-up MR imaging would have eliminated the cases of severe (fatal) stroke from our study, and measurements obtained during the chronic stages also have limitations, such as an uncontrolled degree of atrophy and fading effects with various MR imaging sequences, which are still poorly understood. On the other hand, V1 and V2 were measured by using the same DW imaging sequence, and from a methodologic point of view, this can be considered an advantage. Finally, the timing of follow-up MR imaging had no effect on the predictive value of the method.

In general, it will be instructive to verify that the described IG prediction method can also be used to identify the correct voxels in the predicted final lesion compared with the voxels in the true final lesion—even though we found predicted and observed volumes to be strongly correlated. Moreover, further investigations are required to evaluate the specificity and sensitivity of predictions at the level of individual cases.

ADC-based prediction of MCA IG is feasible without intravenous administration of contrast agents. The method is semiautomated, has the potential to be standardized, and might be applied to future stroke trials in which penumbral assessment is required but intravenous contrast material–enhanced perfusion imaging cannot be performed. For future validation, the accuracy of this method at the level of individual predictions needs to be tested and a comparison of this method with the perfusion imaging–diffusion imaging mismatch technique needs to be performed in the same patients.

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